

# Apprenticeship Standard for Adult Care Worker

## Occupational profile

Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives.

## Responsibilities

To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support.

They are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care.

Job roles are varied and determined by and relevant to the type of the service being provided and the person supported. Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings.

**Job titles might include:** Care Assistant, Care Worker, Support Worker, Personal Assistant, Relief Team Worker, Support Worker - Supported Living, Key Worker in Residential Settings, Key Worker in Domiciliary Services, Key Worker in Day Services, Home Care Support Worker, Substance Misuse Worker, Learning Disability Support Worker, Mental Health Support Worker, Mental Health Outreach Worker and Re-enablement Worker.

## Entry Requirements

The entry requirement for this apprenticeship will be decided by each employer. Candidates must undertake a recognised enhanced disclosure and barring service check and be at least 16 years of age.

<p><b>Qualifications</b></p>	<p>The Apprenticeship Standards consist of the following elements:</p> <ul style="list-style-type: none"> <li>• Level 2 Diploma in Care</li> <li>• Care Certificate – 15 standards</li> <li>• Skills, Knowledge and Behaviours as set out in the Standard</li> <li>• Functional Skills – L 2</li> </ul> <p>This is a regulated qualification (RQF).</p>
<p><b>Units covered</b></p>	<p><b>Level 2 Diploma in Care</b></p> <p>The mandatory units cover core competencies whilst the optional units allow learners to choose from a variety of specialist areas to tailor the qualification to their needs, interests and to reflect the context of their work</p> <p>You will need to achieve a minimum of 46 credits as follows:</p> <ul style="list-style-type: none"> <li>• <b>24 Credits achieved from the 9 Mandatory Units</b></li> <li>• <b>Minimum of 22 credits from optional unit group B</b></li> </ul> <p><b>The 9 Mandatory units consist of the following:</b></p> <ul style="list-style-type: none"> <li>• Communication in care settings (3 Credits)</li> <li>• Handle information in care settings (1 Credit)</li> <li>• Personal development in care settings (3 Credits)</li> <li>• Implement person-centred approaches in care settings (5 Credits)</li> <li>• Equality and inclusion in care settings (2 Credits)</li> <li>• Health, safety and well-being in care settings (4 Credits)</li> <li>• Responsibilities of a care worker (2 Credits)</li> <li>• Duty of care (1 Credit)</li> <li>• Safeguarding and protection in care settings (3 Credits)</li> </ul> <p><b>There is a vast amount of optional units for you to choose from. Please find below a list of some examples of these:</b></p> <ul style="list-style-type: none"> <li>• The principles of infection prevention and control (3 Credits)</li> <li>• Causes and spread of infection (2 Credits)</li> <li>• Understand mental health problems (3 Credits)</li> <li>• Undertake physiological measurements (3 Credits)</li> <li>• Undertake personal hygiene activities with individuals (3 Credits)</li> <li>• Care for individuals with nasogastric tubes (3 Credits)</li> <li>• Assist in the administration of medication (4 Credits)</li> <li>• Move and position individuals in accordance with their care plan (4 Credits)</li> <li>• Undertake agreed pressure area care (4 Credits)</li> <li>• Understand the process and experience of dementia (3 Credits)</li> <li>• Care for the elderly (2 Credits)</li> <li>• Support independence in the tasks of daily living (5 Credits)</li> <li>• Awareness of the Mental Capacity Act 2005 (3 Credits)</li> <li>• Support individuals to live at home (4 Credits)</li> <li>• Support individuals at the end of life (6 Credits)</li> <li>• Support individuals to access and use information about services and facilities (3 Credits)</li> <li>• Support individuals to manage continence (3 Credits)</li> <li>• Support individuals to meet personal care needs (2 Credits)</li> <li>• Support individuals with specific communication needs (5 Credits)</li> </ul>

<b>Functional Skills Maths Level 2 Functional Skills English Level 2</b>	<p>If you do not hold the relevant GCSE grades in Maths and English, you will complete these functional skills, you may be required to attend taught sessions depending on your current qualifications in:</p> <ul style="list-style-type: none"> <li>• English Level 2</li> <li>• Maths Level 2</li> </ul> <p>Practical assessment &amp; External Computer Based Exam</p>
<b>Entry requirements</b>	<p>You should be at least 16 years old.</p> <p>It is a requirement to undergo an enhanced Disclosure and Barring Service (DBS) check. Employed in a related job role preferably for at least 30 hours/week. Can be working for less hrs but will extend the length of time on programme. Minimum hrs allowed is 16.</p>
<b>Who is it for?</b>	<p>Learners new to the care industry or experienced with no formal qualifications.</p>
<b>Cost</b>	<p>£3000</p> <p>If your company is a Levy payer this will come out of your Levy account.</p> <p>You will also receive an employer incentive of £1000 if the learner is 16-18, paid in two instalments.</p> <p>For more information please contact us on 01296 383470</p>
<b>Duration</b>	<p>14 months</p>
<b>Start date</b>	<p>Available throughout the year</p>
<b>Assessment method</b>	<ul style="list-style-type: none"> <li>• Work Based Evidence, Direct Observation by Assessor, Witness evidence, professional discussion, reflection on own practice, written assignments, learners own work products.</li> </ul>
<b>Personal qualities</b>	<p>Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support.</p> <ul style="list-style-type: none"> <li>• Care</li> <li>• Courage</li> <li>• Communication</li> <li>• Competence</li> <li>• Commitment</li> <li>• Compassion</li> </ul>
<b>Further progression</b>	<ul style="list-style-type: none"> <li>• Lead Adult Care</li> <li>• Sideways into different type of job within care settings.</li> </ul>